



UNIVERSITY of MARYLAND  
SCHOOL OF MEDICINE

# **Thrombogenicity of Mechanical Circulatory Support Devices: Experience and Challenges from Design to Clinical Use**

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# Heart Failure

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- Cardiovascular disease is the leading cause of mortality globally (**Lloyd-Jones et al., 2010**).
- Among various forms of cardiovascular disease, heart failure (HF) affects **5.8 million** patients in the US (**WHO. Fact Sheet No. 317**)
- The fatality rate for HF is high, with **1 in 5 people** dying within 1 year and fewer than **60 %** surviving 5 years
- The estimated direct and indirect cost of HF in the United States for 2010 is **\$39.2 billion**



# Treatments for Heart Failure: Lifestyle and Medicine

## Lifestyle Changes

### Medications:

- Angiotensin-converting enzyme (ACE) inhibitors.
- Angiotensin II receptor blockers
- Digoxin (Lanoxin)
- Diuretics
- Aldosterone antagonists



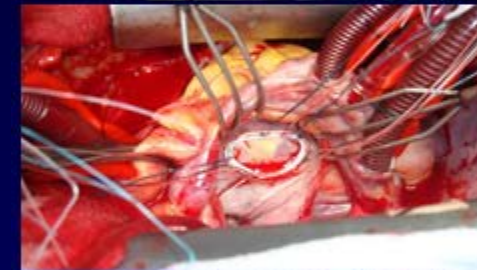


# Treatments for Heart Failure

## Surgery and Medical Devices



- Coronary bypass surgery
- Heart valve repair or replacement
- Implantable cardioverter-defibrillators (ICDs)
- Cardiac resynchronization therapy/  
biventricular cardiac pacemaker
- **Heart transplant**
- **Heart pumps (mechanical circulatory  
support devices)**





## Circulatory Support Device

A circulatory support device or ventricular (VAD) is a mechanical pump that's used to support heart function and blood flow in people who have weakened hearts. The device takes blood from a lower chamber of the heart and helps pump it to the body and vital organs, just as a healthy heart would.



### **A VAD can support heart:**

- During or after surgery, until heart recovers
- While waiting for a heart transplant
- If not eligible for a heart transplant, a VAD can be a long-term solution (destination therapy).

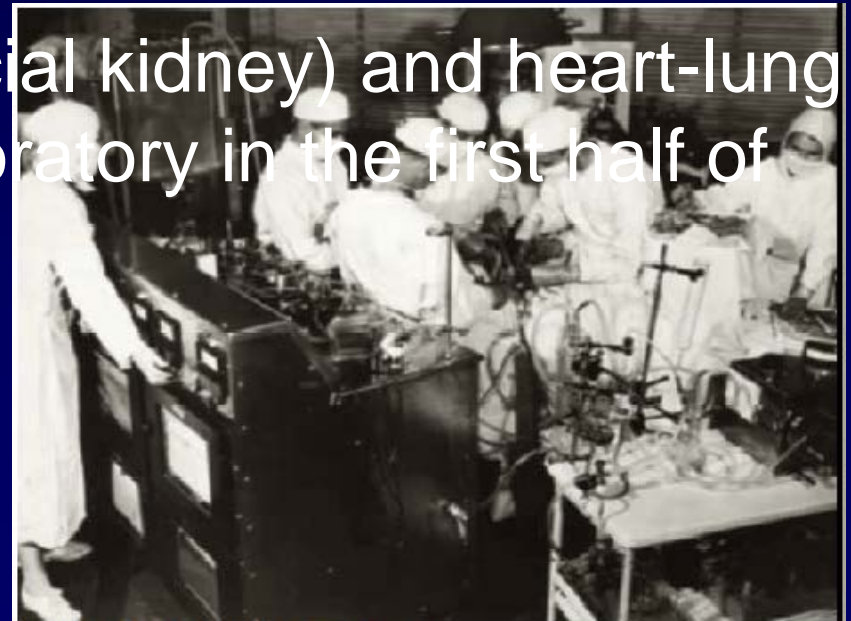


# John and Mary Gibbons

1953

## Birth of Cardiopulmonary Bypass

- The history of cardiovascular medical devices can be traced back to the 19<sup>th</sup> century. In 1885, M. von Frey and M. Gruber (Leipzig) built and used the first artificial heart-lung apparatus for organ perfusion studies.
- Various hemodialyzers (artificial kidney) and heart-lung apparatus were tested in laboratory in the first half of the 20<sup>th</sup> century.



Animal trial with the heart-lung machine, 1952

# Artificial Hearts and Ventricular Assist Devices

1956

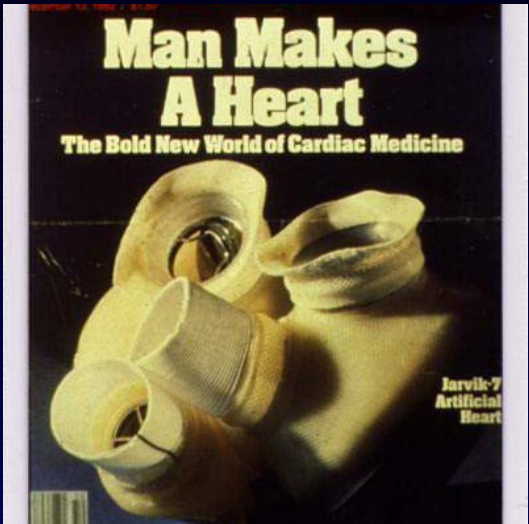


dog for 90 min

1966



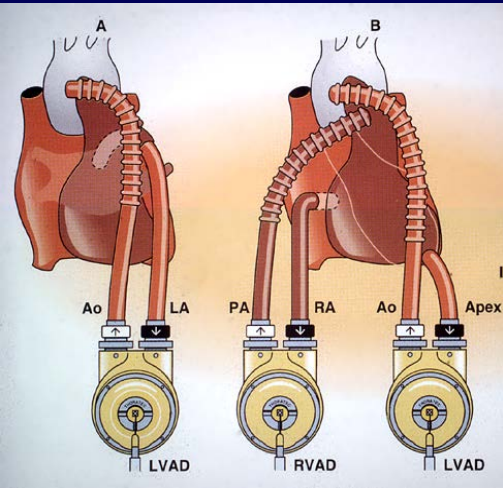
1982



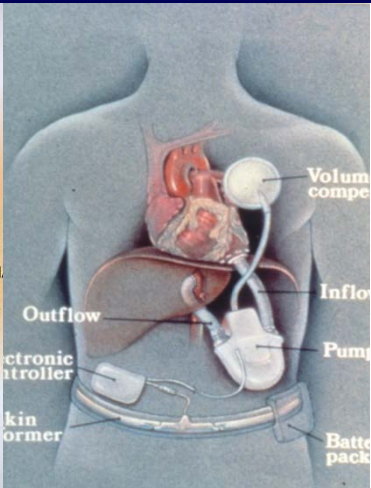
2001



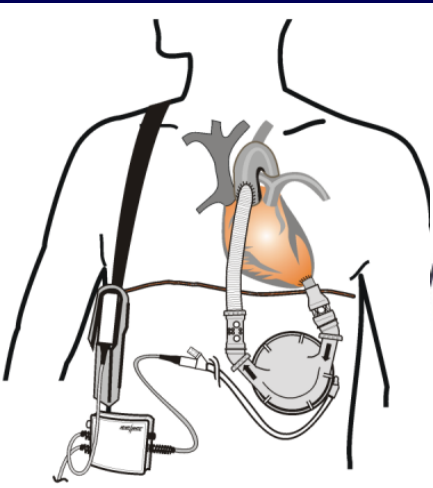
1995



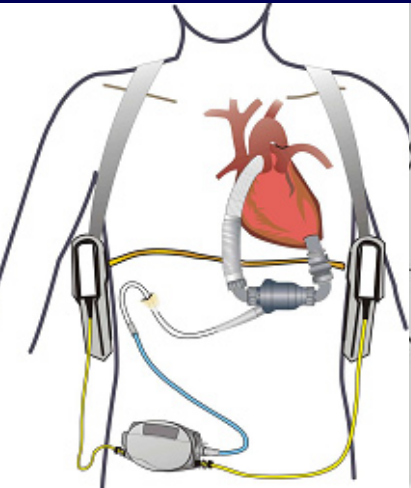
1998



2001



2008



2012



# INTERMACS Registry

## Interagency Registry for Mechanically Assisted Circulatory Support

**Table 2** Current approved and investigational surgically implanted devices for circulatory support

Device	Mechanism	Type	United States (FDA)	Europe (CE mark)	Anticoagulation
Thoratec PVAD	Pneumatic, pulsatile	Paracorporeal	Approved BTT	Approved BTT	Required
Thoratec IVAD	Pneumatic, pulsatile	Intracorporeal	Approved BTT	Approved BTT	Required
Thoratec HeartMate XVE	Electric, pulsatile	Intracorporeal	Approved BTT, DT	Approved BTT, DT	Not required
BerlinHeart EXCOR	Pneumatic, pulsatile	Paracorporeal	Investigational	Approved BTT	Required
Thoratec HeartMate II	Electric, axial continuous flow	Intracorporeal	Approved BTT, DT	Approved BTT, DT	Required
HeartWare LVAS	Electric, centrifugal continuous flow	Intracorporeal	Approved BTT	Approved BTT, DT	Required
Levitronix/Thoratec Centrimag	Electric, centrifugal continuous flow	Extracorporeal	Approved BTD (6 h), temporary RVAD (30 days), ongoing investigation	Approved BTD, BTT	Required
Jarvik FlowMaker	Electric, axial continuous flow	Intracorporeal	Investigational	Approved BTT, DT	Required
Micromed DeBakey HeartAssist 5	Electric, axial continuous flow	Intracorporeal	Approved Pediatric BTT, ongoing Investigation	Approved BTT, DT	Required
Terumo DuraHeart	Electric, centrifugal continuous flow	Intracorporeal	Investigational	Approved BTT, DT	Required
BerlinHeart INCOR	Electric, axial continuous flow	Intracorporeal	Investigational	Approved BTT, DT	Required
SynCardia TAH	Pneumatic, pulsatile	Intracorporeal	Approved BTT	Approved BTT	Required
Abiomed Abiocr TAH	Electrohydraulic, pulsatile	Intracorporeal	Humanitarian IDE DT	Investigational	Required

*BTT* bridge to transplant, *DT* destination therapy, *IDE* investigational device exemption, *RVAD* right ventricular assist device



# REMATCH Trial

Randomized Evaluation of Mechanical Assistance  
for the Treatment of Congestive Heart Failure

Optimal Medical Therapy Vs. LV Assist Device (HeartMate I)



Vs.



# Adverse Event Rates

152

The Journal of Heart and Lung Transplantation, Vol 32, No 2, February 2013

**Table 5** Implants: June 2006–June 2012<sup>a</sup>

Adverse event	Pulsatile (n = 524)		Continuous (n = 5,358)		Pulsatile/Continuous	
	Events	Rate	Events	Rate	Ratio	p-value
Device malfunction	119	3.26	660	1.60	2.04	<0.0001
Bleeding	630	17.28	2,105	9.45	1.83	<0.0001
Cardiac/vascular						
Right heart failure	90	2.47	737	1.79	1.38	0.001
Myocardial infarction	2	0.05	30	0.07	0.75	0.47
Cardiac arrhythmia	254	6.96	1,919	4.66	1.50	<0.0001
Pericardial drainage	64	1.75	251	0.61	2.88	<0.0001
Hypertension <sup>b</sup>	118	3.24	351	0.85	3.80	<0.0001
Arterial non-CNS thrombosis	14	0.38	74	0.18	2.14	0.001
Venous thrombotic event	59	1.62	289	0.70	2.31	<0.0001
Hemolysis	23	0.53	299	0.73	0.67	0.61
Infection	832	22.81	3,302	8.01	2.85	<0.0001
Neurological dysfunction	139	3.81	764	1.83	2.08	<0.0001
Renal dysfunction	108	2.96	582	1.41	2.10	<0.0001
Hepatic dysfunction	48	1.32	247	0.60	2.20	<0.0001
Respiratory failure	206	5.65	1,038	2.52	2.24	<0.0001
Wound dehiscence	13	0.49	76	0.18	2.75	<0.0001
Psychiatric episode	87	2.39	425	1.03	2.31	<0.0001
Intestinal ischemia	28	0.77	149	0.36	2.13	<0.0001

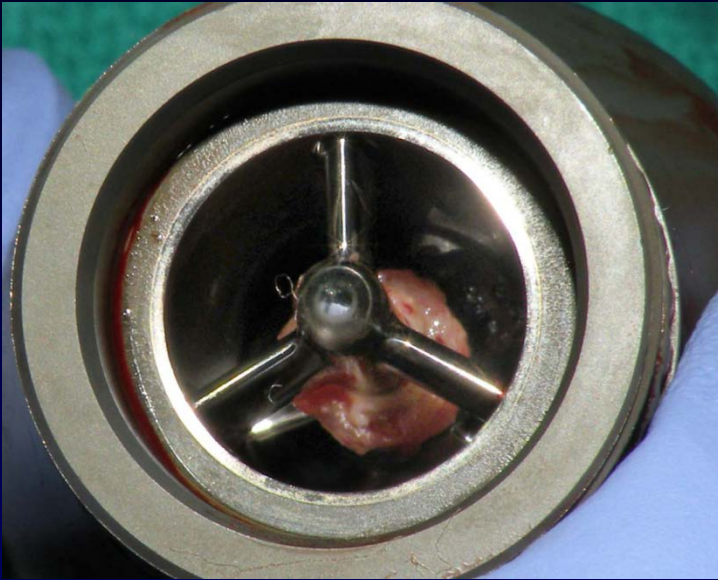
CNS, central nervous system.

<sup>a</sup>Adverse event rates (events/100 patient months) in the first 12 months after implant for primary left ventricular assist device with implant device strategy bridge to transplant, bridge to candidacy, and destination therapy.

<sup>b</sup>With current reporting, identification of hypertension with continuous-flow pumps is unreliable.

# LVAD Thrombosis

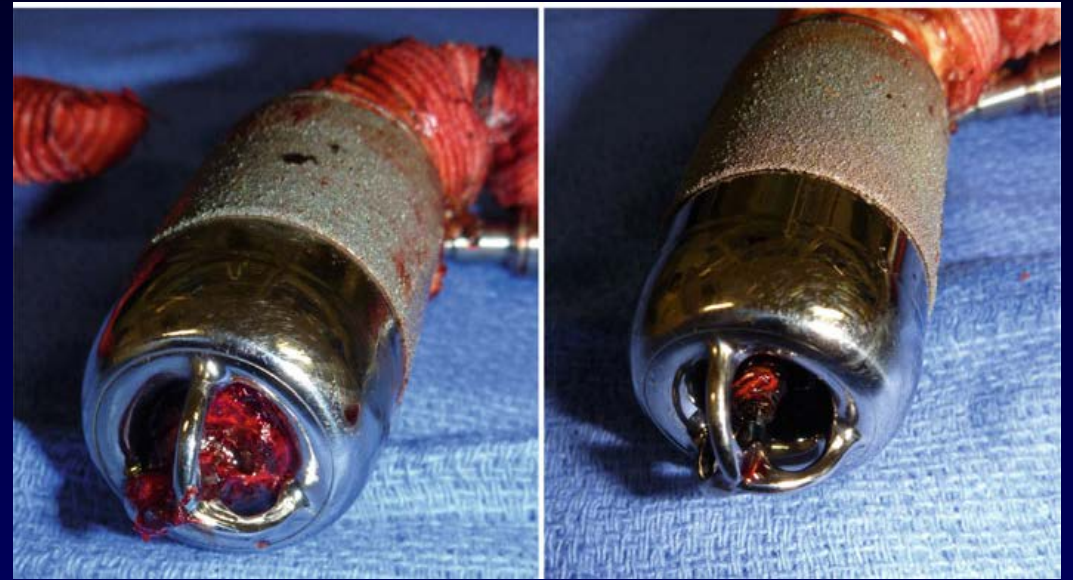
## HeartMate II



Confirmed plus suspected pump thrombosis: 12%  
Starling, NEJM 2014; 370(1):33-40

15-20% pump malfunction rates, Loebe et al., ISHLT 2013

## Jarvik 2000



Saito et al., J Artif Organs (2013) 16:105–109

(11% for old pin-bearing, personal communication)  
(4% for new cone-bearing, personal communication)



# LVAD Thrombosis



## HeartWare HVAD

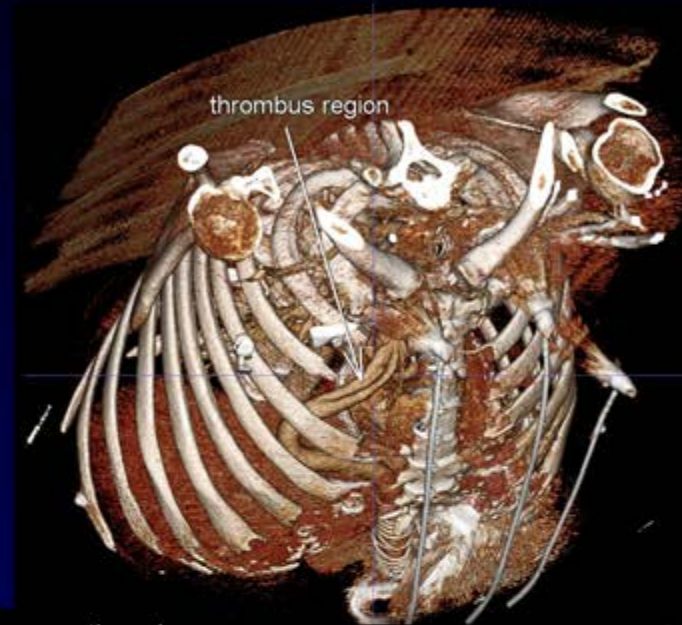
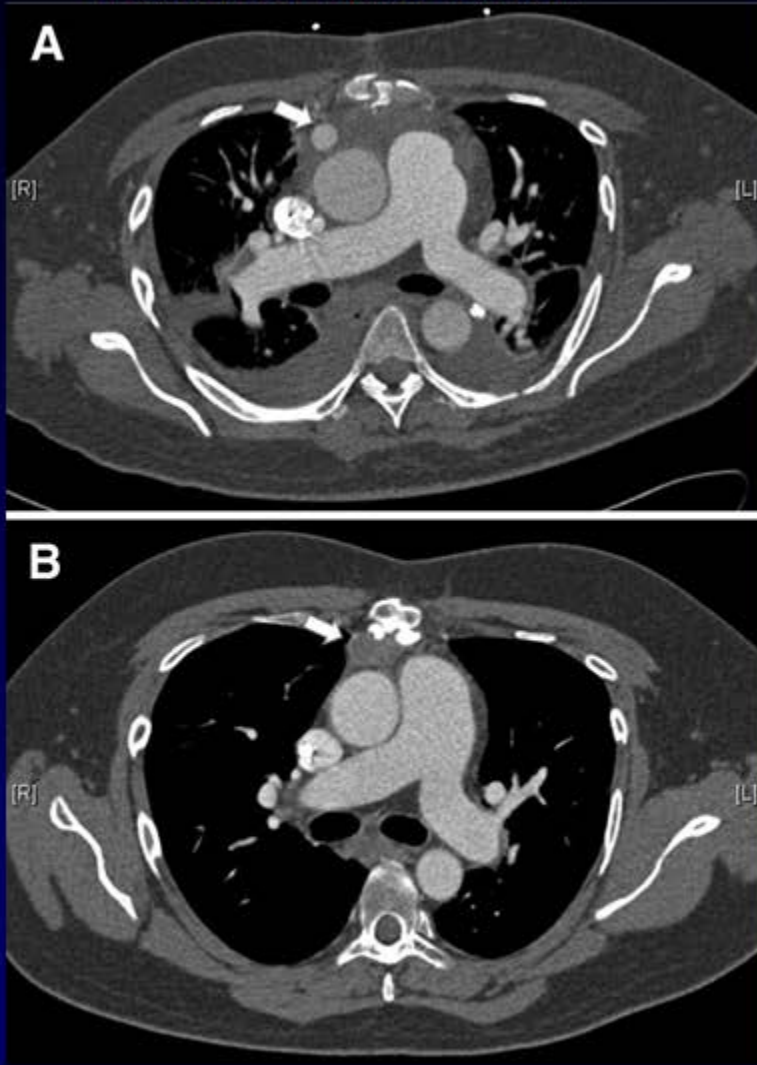


Events: 8.1% , Najjar, et al. JHLT 2014; 33:23-34



# Outflow Graft Thrombosis

HeartWare HVAD Patient



HeartMate II Patient



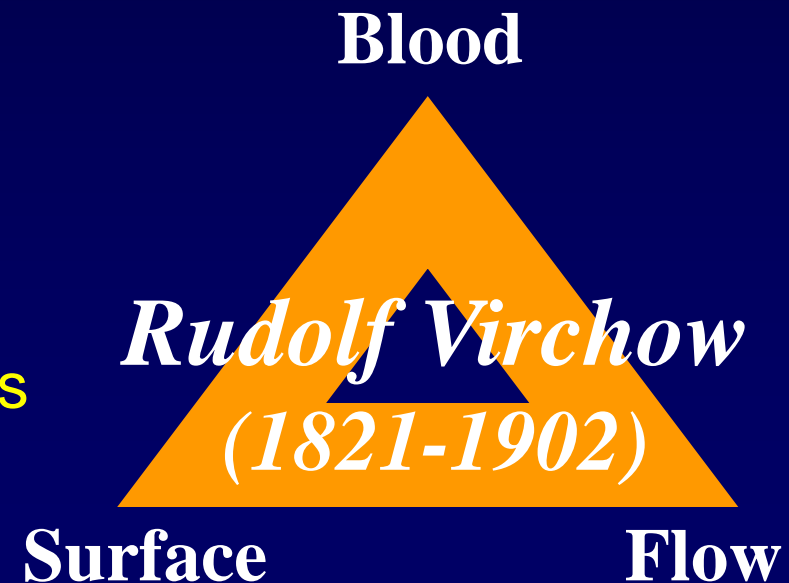
# Thrombosis and Bleeding

## A Vexing Problem in Long-term Use

Although significant progress have been made with use of VAD in patients, there is still a great deal of unknowns. The understanding of how these devices tilt the delicate intrinsic balance of bleeding and thrombosis is critical to guide therapy and to improve the long-term safety.

### Contributing Factors:

- Non-physiological flow dynamics associated with device design and operation
- Non-biological materials
- Hemostatic properties and responses of patients to the above non-physiological conditions



# From Concepts to Clinical Use

## Systems Engineering and Collaboration



**Academia:**  
Basic Science  
Bioengineering



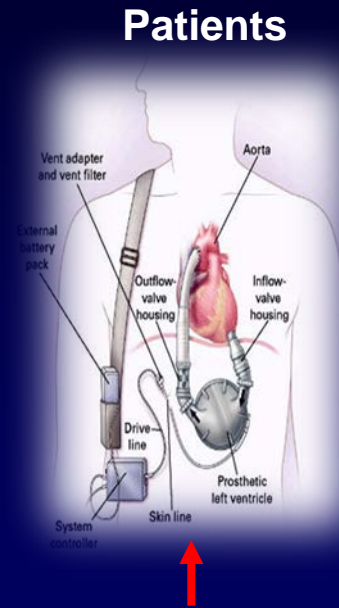
**Physicians:**  
Surgeons  
Cardiologists



**Industry:**  
Business  
Manufacturing  
Quality Control

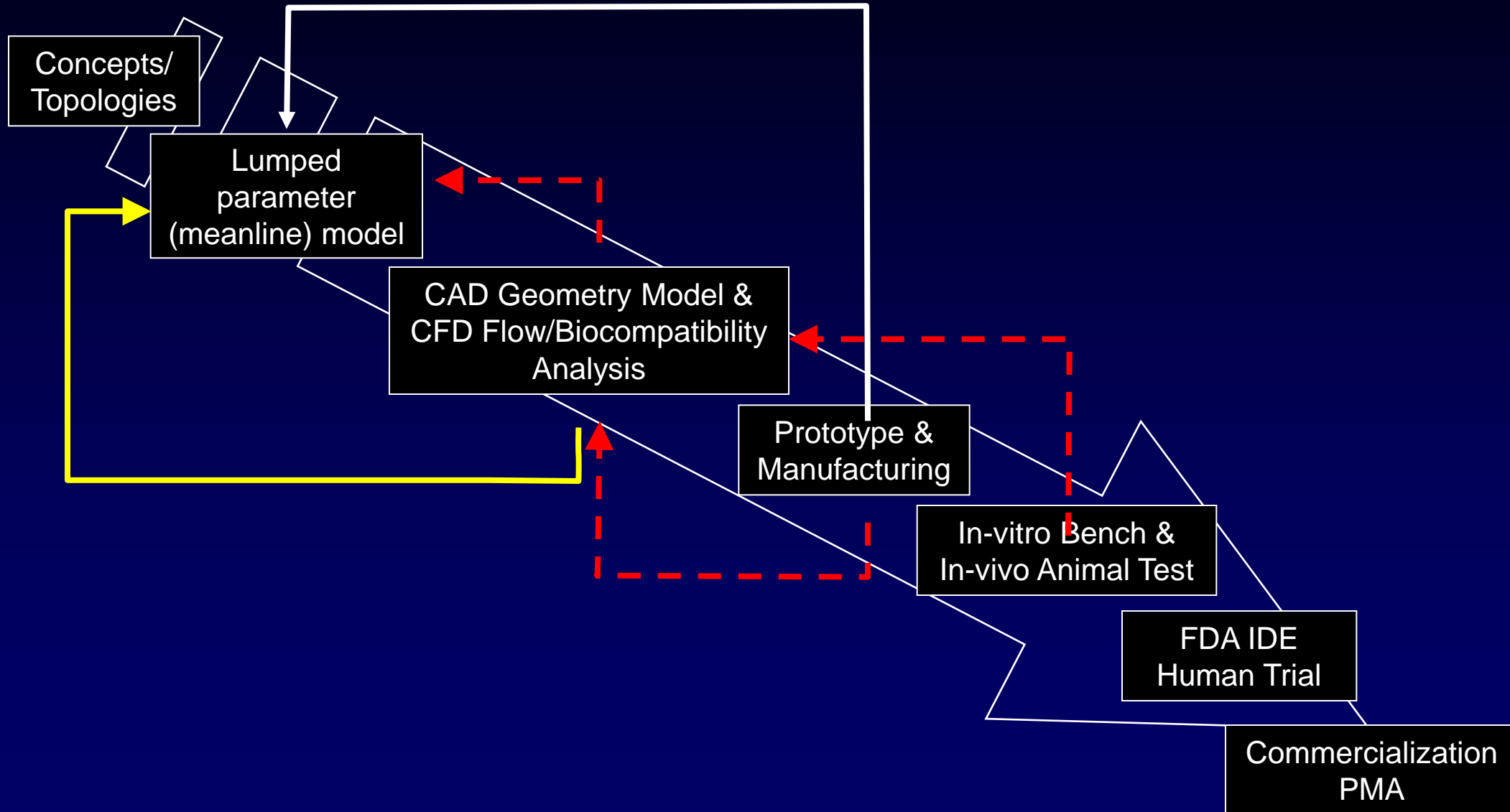


**Veterinary Medicine:**  
Pre-Clinical Evaluation



**Government:**  
Regulation  
Funding  
Policies

# From Concepts to Clinical Use

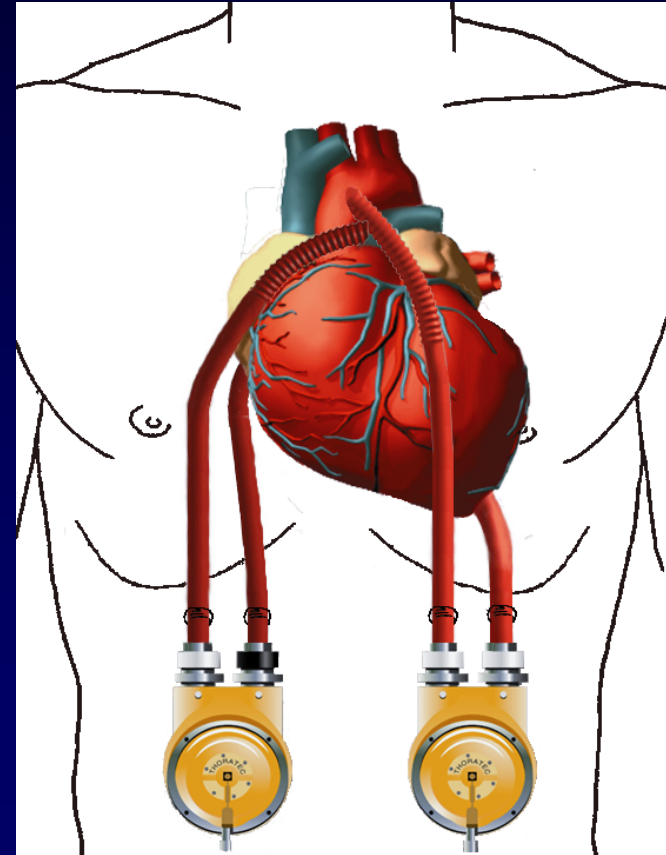
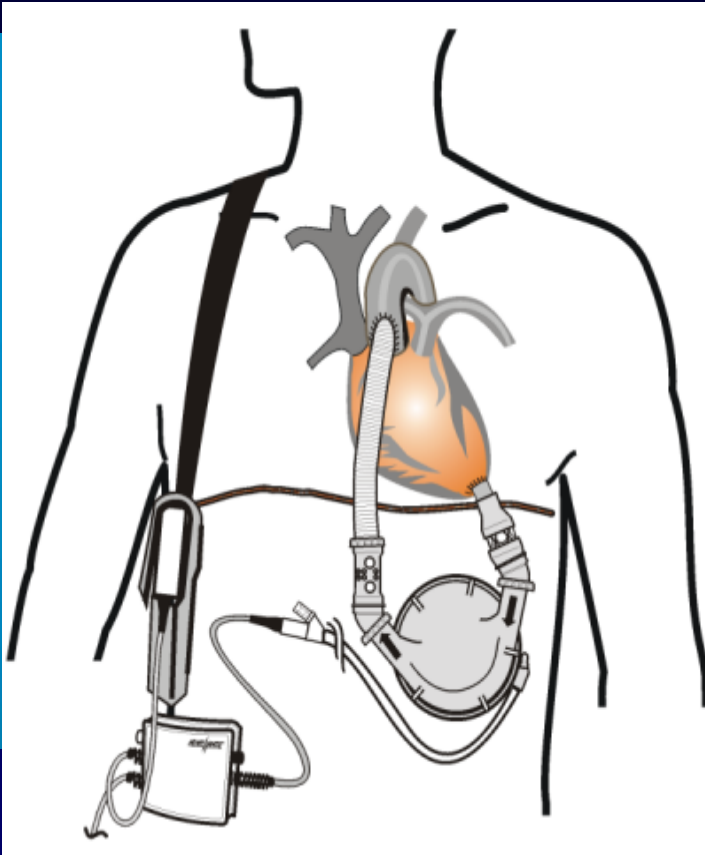




# Topologies

## Pulsatile VAD

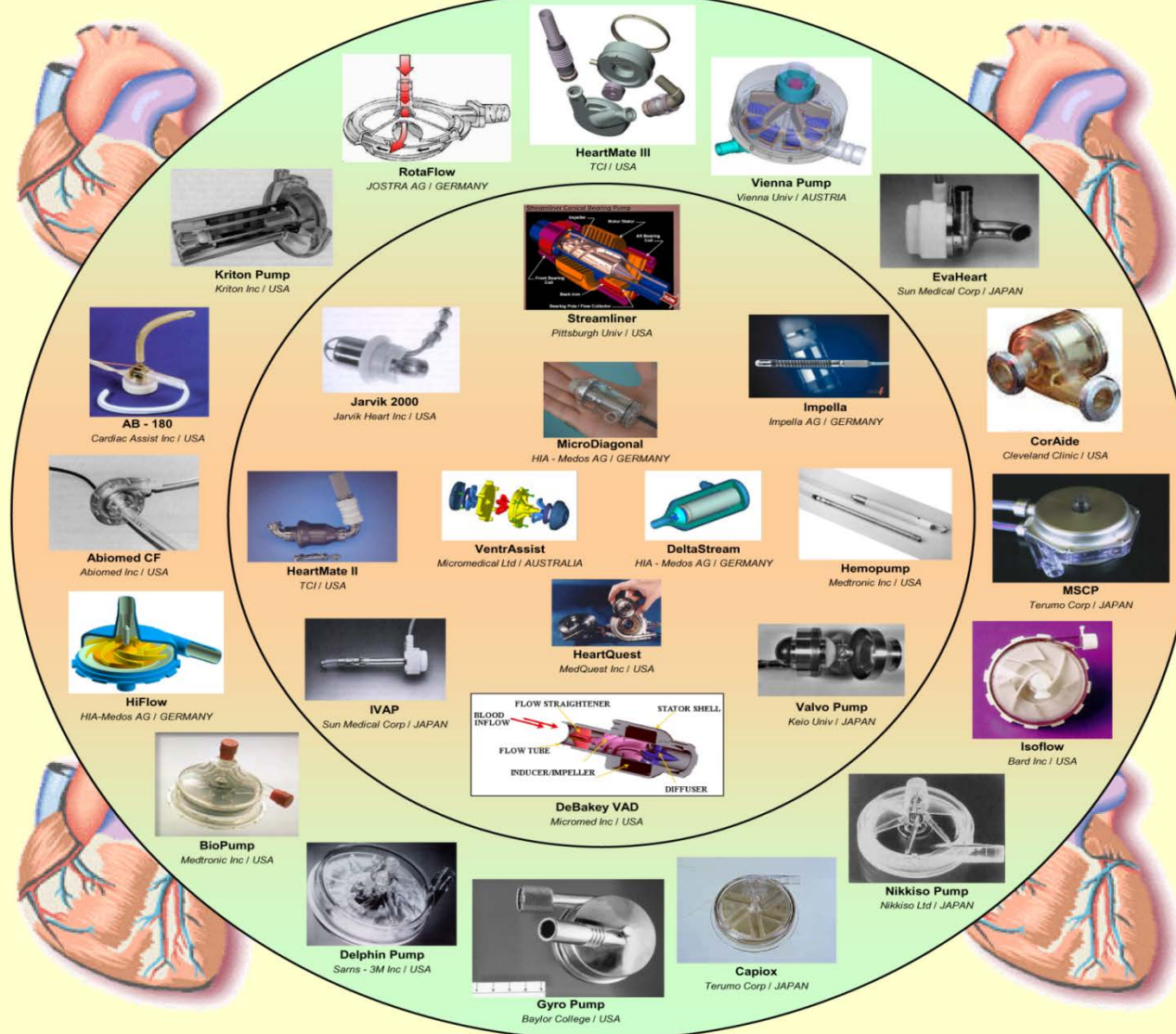
- Pneumatic vs. Electromechanical
- Internal vs. external



# Topologies

Co  
•Ax  
•Int  
•Be

•Fu



# Integrated Design and Analysis

Traditional Approach: "Trial and Error"

CFD-Based Multidisciplinary Analysis and Optimization (MA&O) Framework

Initial

Testing

CAD

Testing

Geometric  
Model

Size  
Measure

Gap,  
etc.

Flow

and

Field Simulation

Model

Transport Model

Thrombosis Model



# CFD Based Modeling of Functions and Performances

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## Fluid Dynamics

$$\rho \nabla \cdot (\vec{v} \vec{v}) = -\nabla p + \nabla \cdot \bar{\tau} + \rho \vec{g} + S$$

$$\nabla \cdot \vec{v} = 0$$

$$\tau = \left[ \frac{1}{6} \sum (\tau_{ii} - \tau_{jj})^2 + \sum \tau_{ij} \tau_{ij} \right]^{\frac{1}{2}} ; \quad i, j, k = 1, 2, 3; \quad i \neq j \neq k$$

## Hemolysis

$$D_I = \frac{\Delta Hb}{Hb} \% = 3.62 \times 10^{-5} t_{\text{exp}}^{0.785} \tau^{2.416}$$

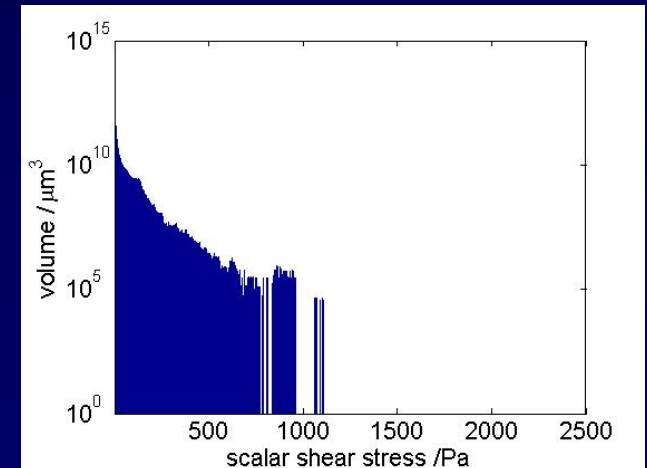
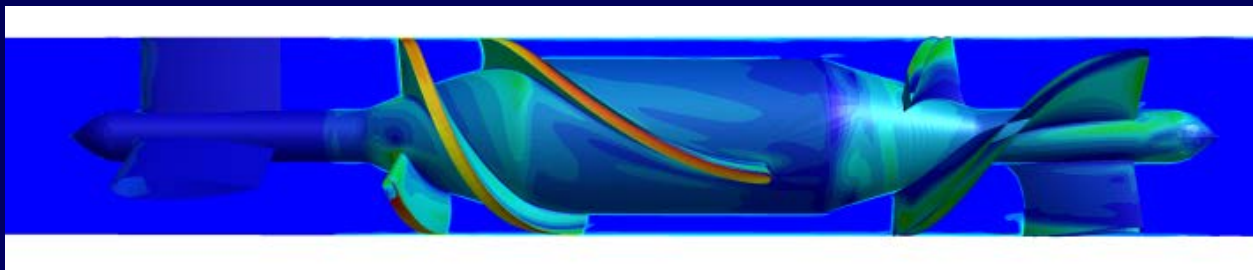
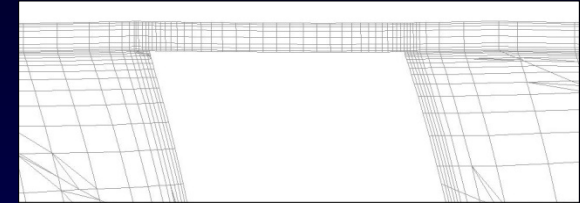
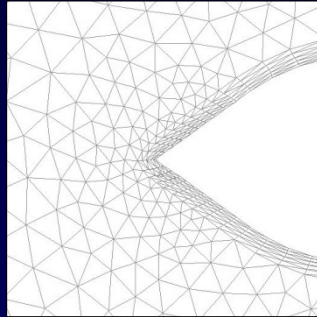
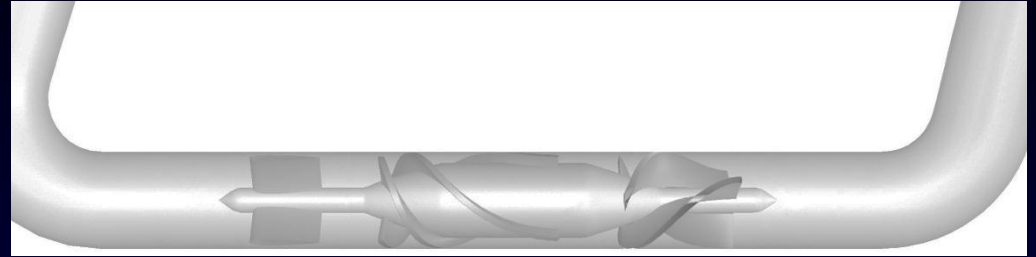
$$\frac{\partial c}{\partial t} + (\vec{u} \bullet \vec{\nabla})c = \vec{\nabla} \bullet (D \nabla c) + S_I$$



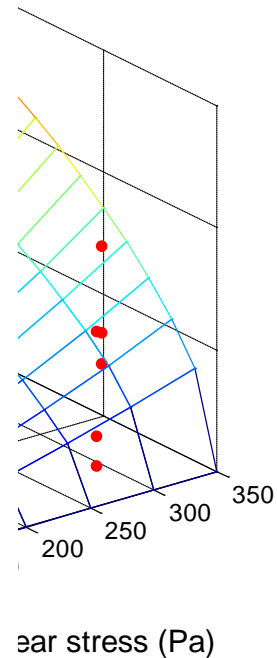
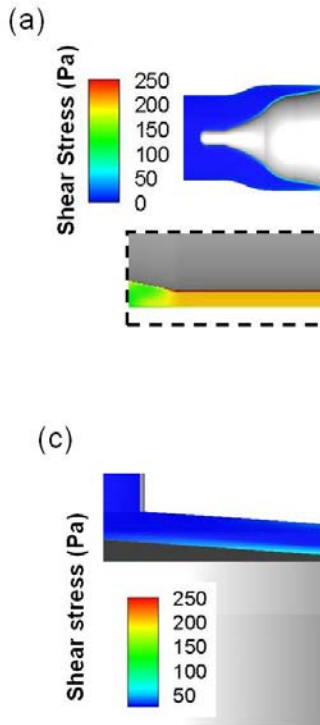
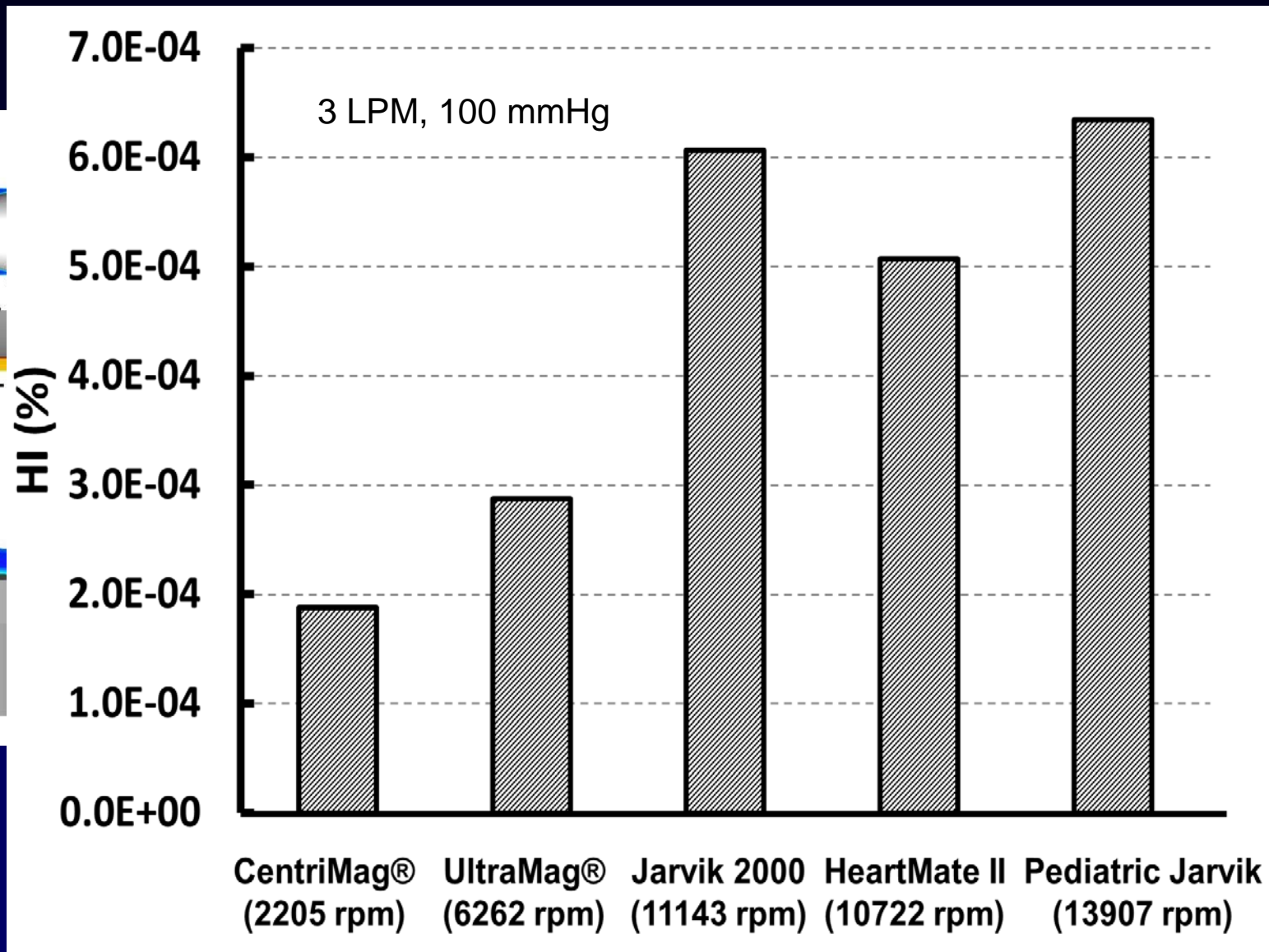
# Use of CFD in Development and Design Process



speed = 10k rpm, flow = 5 l/min,  
pressure = 70 mmHg

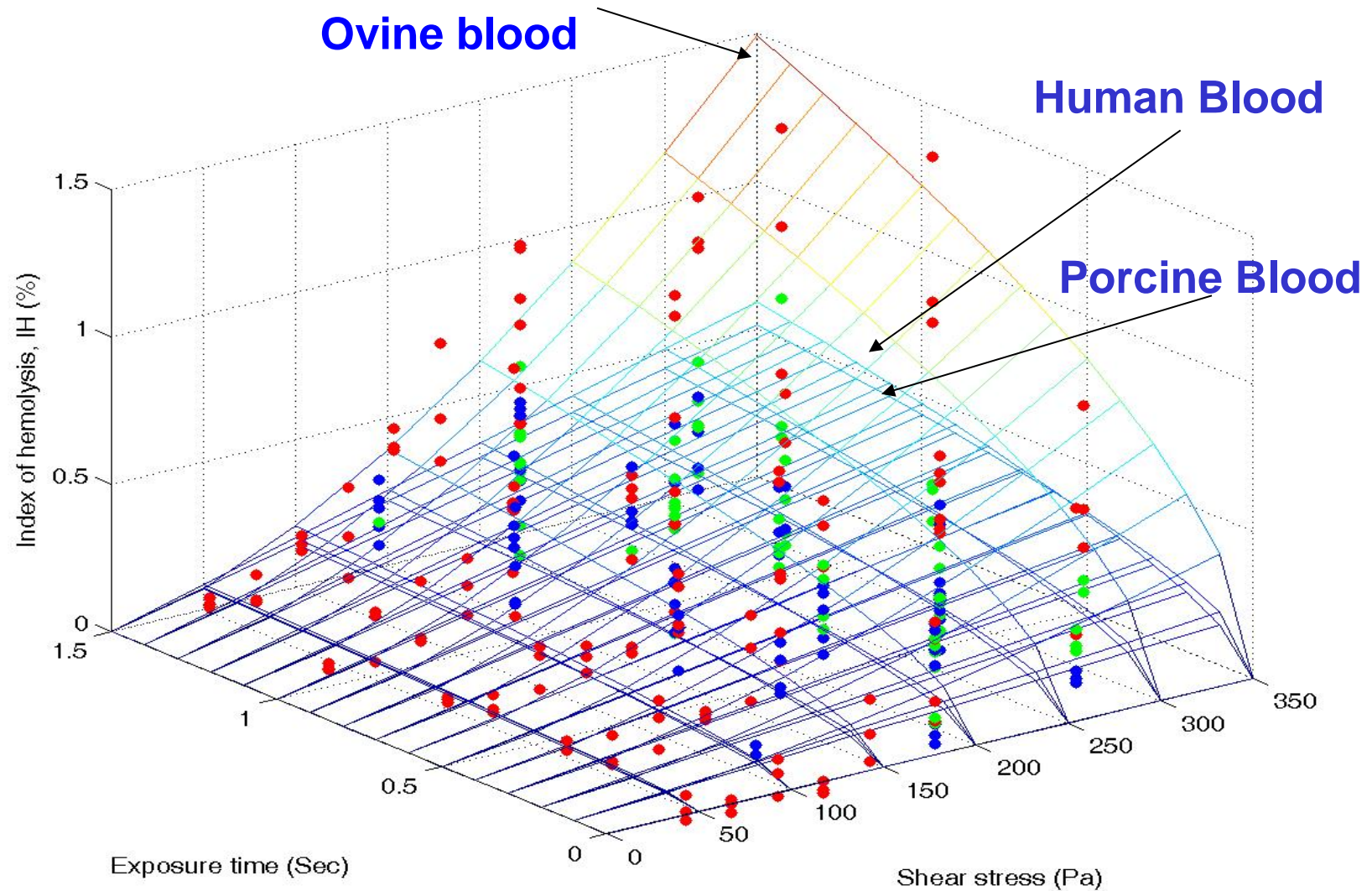


# Shear-Induced Hemolysis (ovine blood)



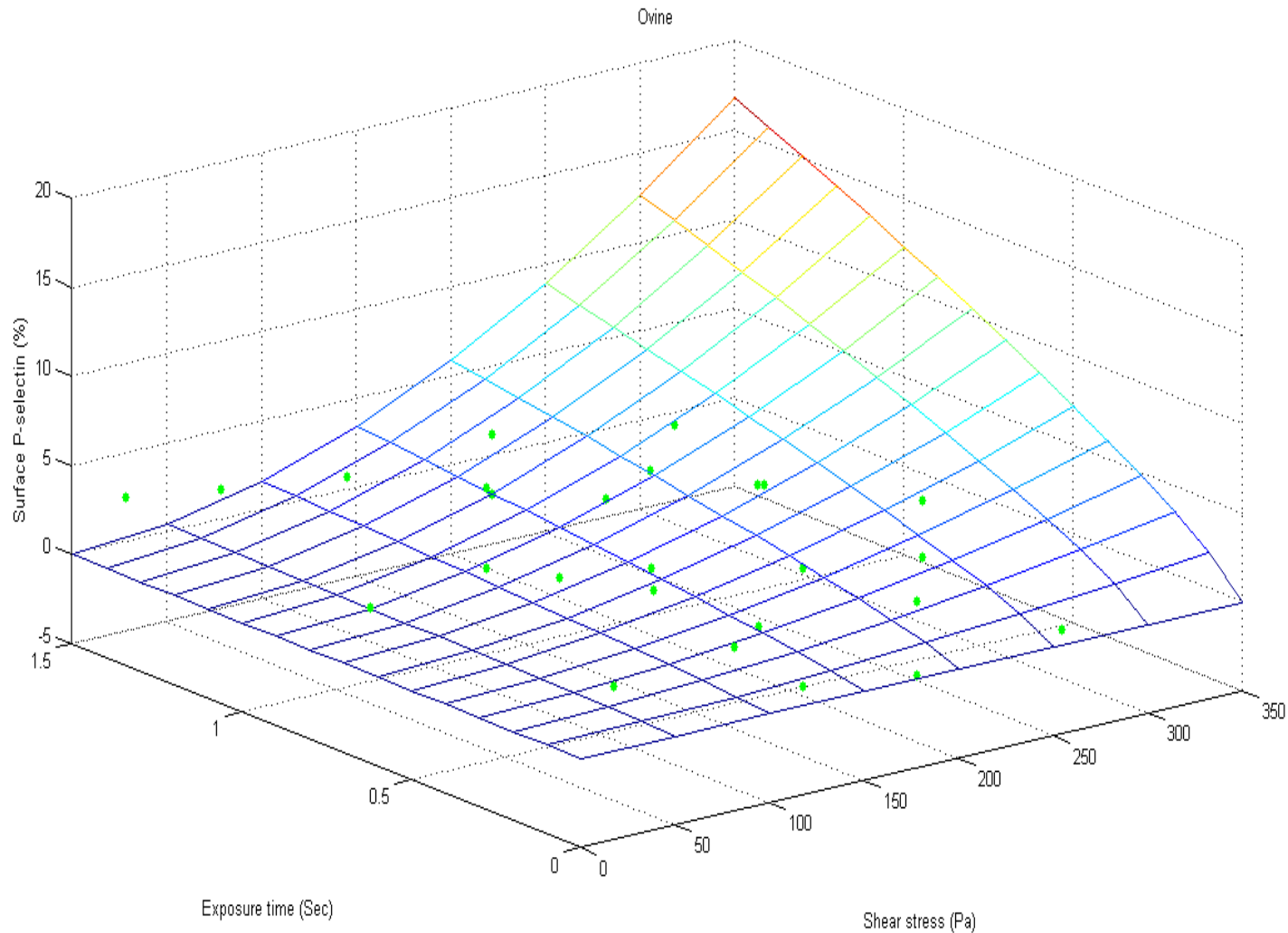
# Shear-Induced Hemolysis

## Species Difference





# Shear-Induced Platelet Activation (Power-law Model)





# Continuous Model of Platelet Activation in Devices

$$\frac{\partial c_i}{\partial t} + (\vec{u} \bullet \vec{\nabla}) c_i = \vec{\nabla} \bullet (D_i \nabla c_i) + s_i$$

Resting platelet: ( $C_{rp}$ )

Activated platelet: ( $C_{ap}$ )

Platelet released agonists: ( $C_{apr}$ )

Platelet synthesized agonists: ( $C_{aps}$ )

Prothrombin: ( $C_{pt}$ )

Thrombin: ( $C_t$ )

ATIII: ( $C_{at}$ )

Shear Dose: (sd)

$$s_{rp} = -k_{pa} \cdot c_{rp} - c_{sd}^{\beta_s} \cdot c_{rp}$$

$$s_{ap} = +k_{pa} \cdot c_{rp} + c_{sd}^{\beta_s} \cdot c_{rp}$$

$$s_{apr} = +\lambda_j k_{pa} \cdot c_{rp} - k_{1,j} \cdot c_{apr}$$

$$s_{aps} = +s_{pj} \cdot c_{ap} - k_{1,j} \cdot c_{aps}$$

$$s_{pt} = -\beta \cdot c_{pt} (\phi_{at} \cdot c_{ap} + \phi_{rt} \cdot c_{rp})$$

$$s_t = -\Gamma \cdot c_t + c_{pt} (\phi_{at} \cdot c_{ap} + \phi_{rt} \cdot c_{rp})$$

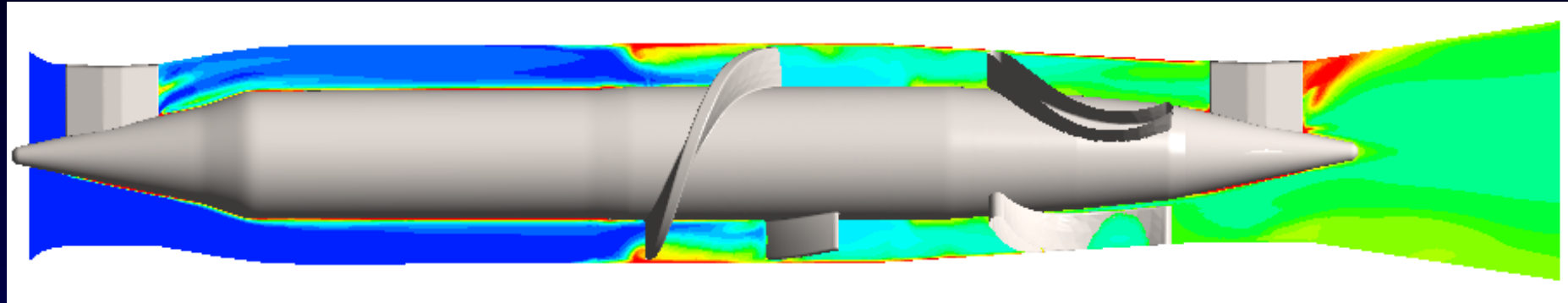
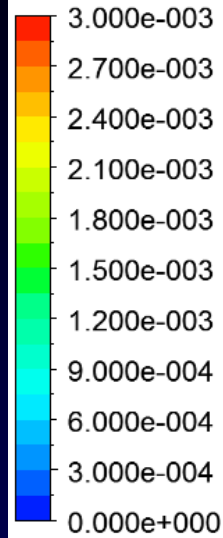
$$s_{at} = -\Gamma \cdot \beta \cdot c_t$$

$$s_{sd} = sss^{\alpha_s / \beta_s} \cdot cons^{1 / \beta_s}$$

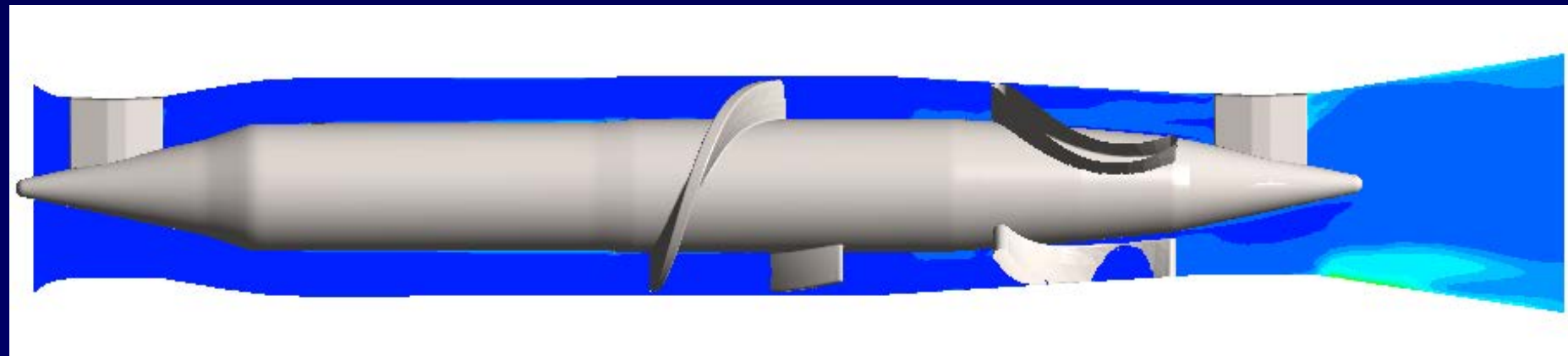
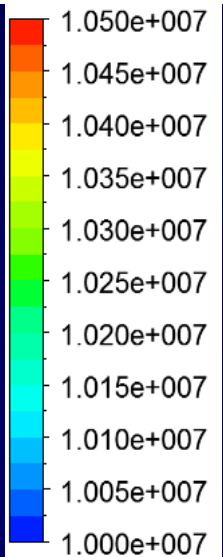
So far only ADP, prothrombin, thrombin, TxA2 and AT are considered in the model.

# Platelet Activation in Jarvik 2000 Infant Pump

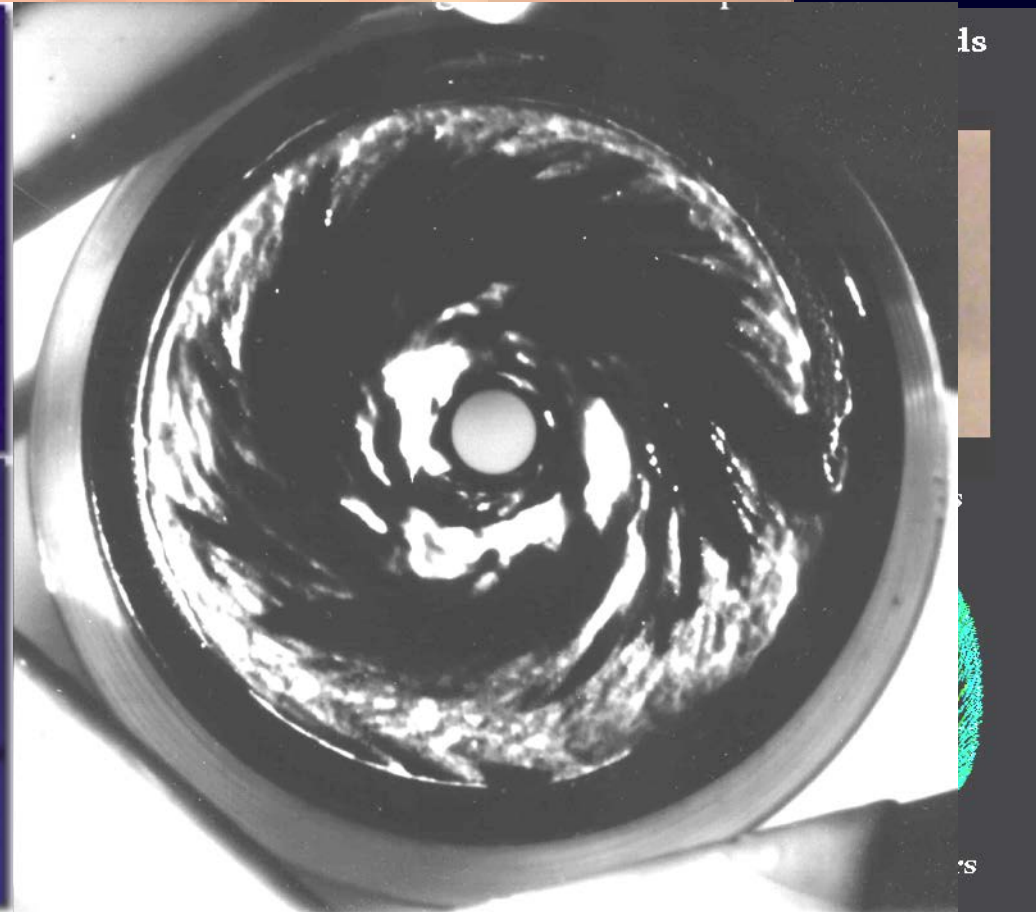
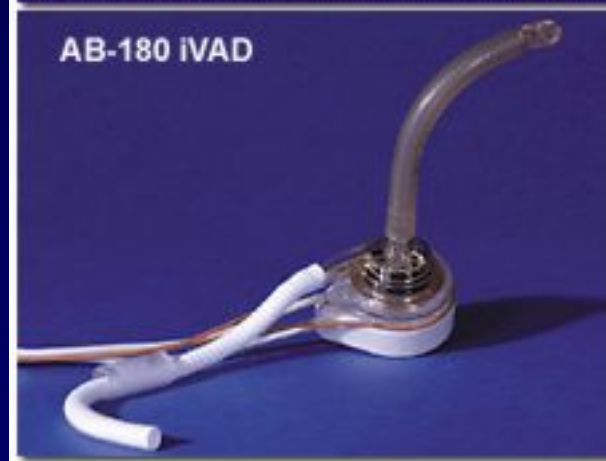
Shear dose/probability of activation:



Number density of activated platelet



# Surface Flow Visualization with Oil Dots



# In-Vitro Testing of Function and Biocompatibility



## RBC damage

- Plasma free hemoglobin

## Platelet Activation Markers

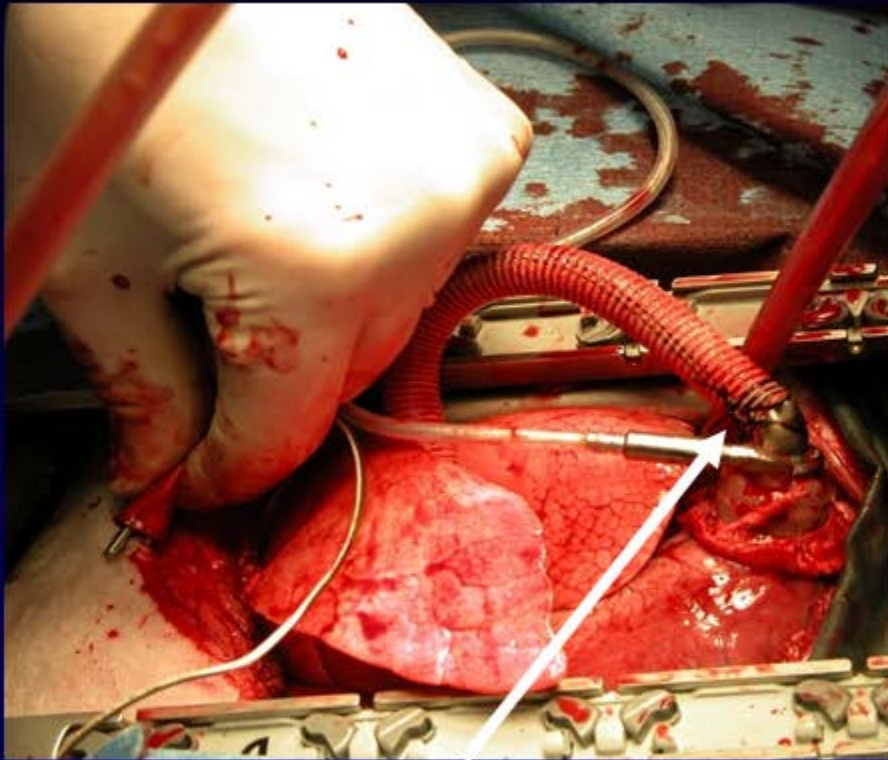
- Platelet counts
- CD62p Expression
- Soluble CD62p concentration
- Platelet derived microparticles
- Platelet aggregates
- Platelet leukocyte aggregates

## Thrombosis

- Platelet deposition
- Thrombosis formation

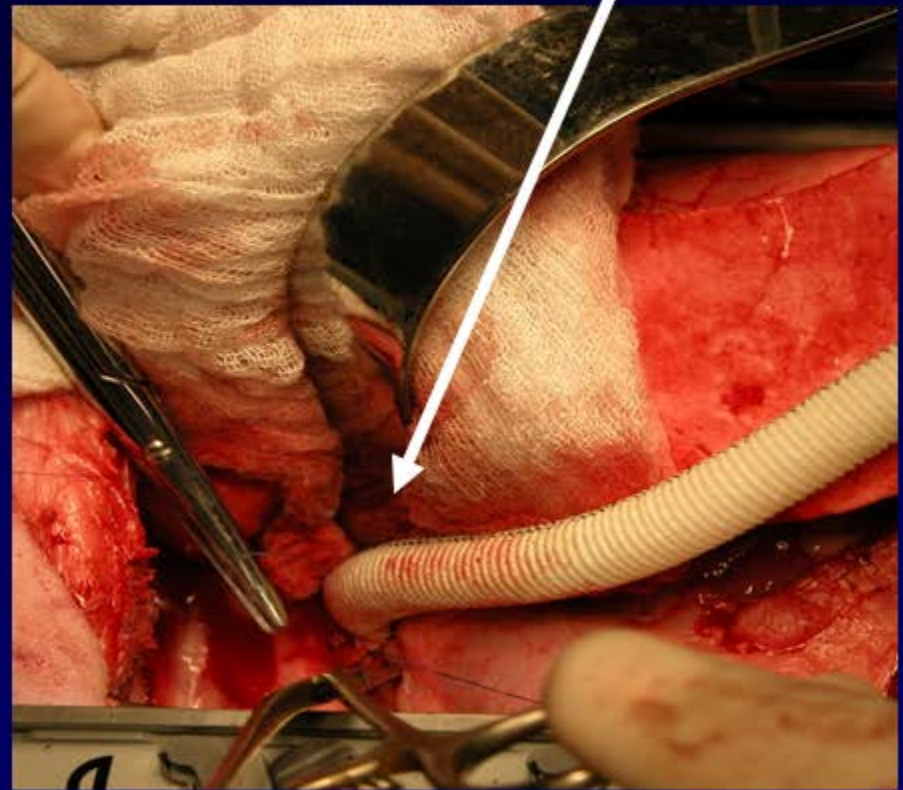


# In-Vivo Evaluation in Animals



Intraventricular Apical  
Placement

Descending aorta  
(10 mm graft)



# In-Vivo Evaluation in Animals



# In-Vivo Evaluation - Methods

- **Hemodynamics**

- Flows
  - Cardiac output (PA)
  - Device flow
- Acute
- Chronic

- **Device Operating Parameters**

- Speed, Current, Power

- **Necropsy**

- Gross
- Histology

- **Biocompatibility/Biologic Response**

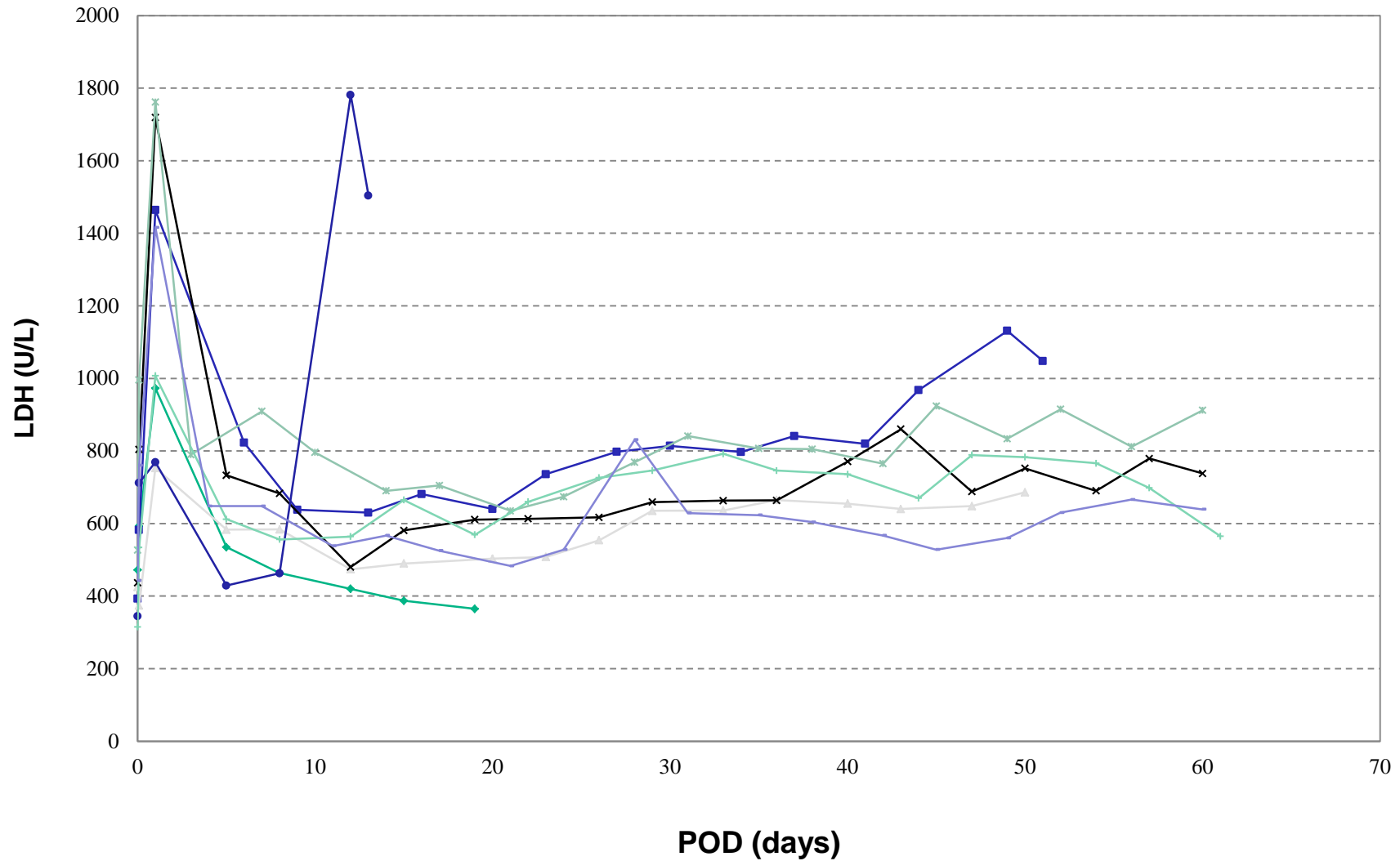
- Hemolysis: pFH, LDH
- Hematology: Hct, platelet counts
- Infection: WBC/differential
- Renal Function: creatinine
- Liver Function, AST, ALT
- Platelet Activation
  - Flow cytometry
  - ELISA

- **Schedule**

- Baseline
- Post-implantation
- Twice a week after Implantation

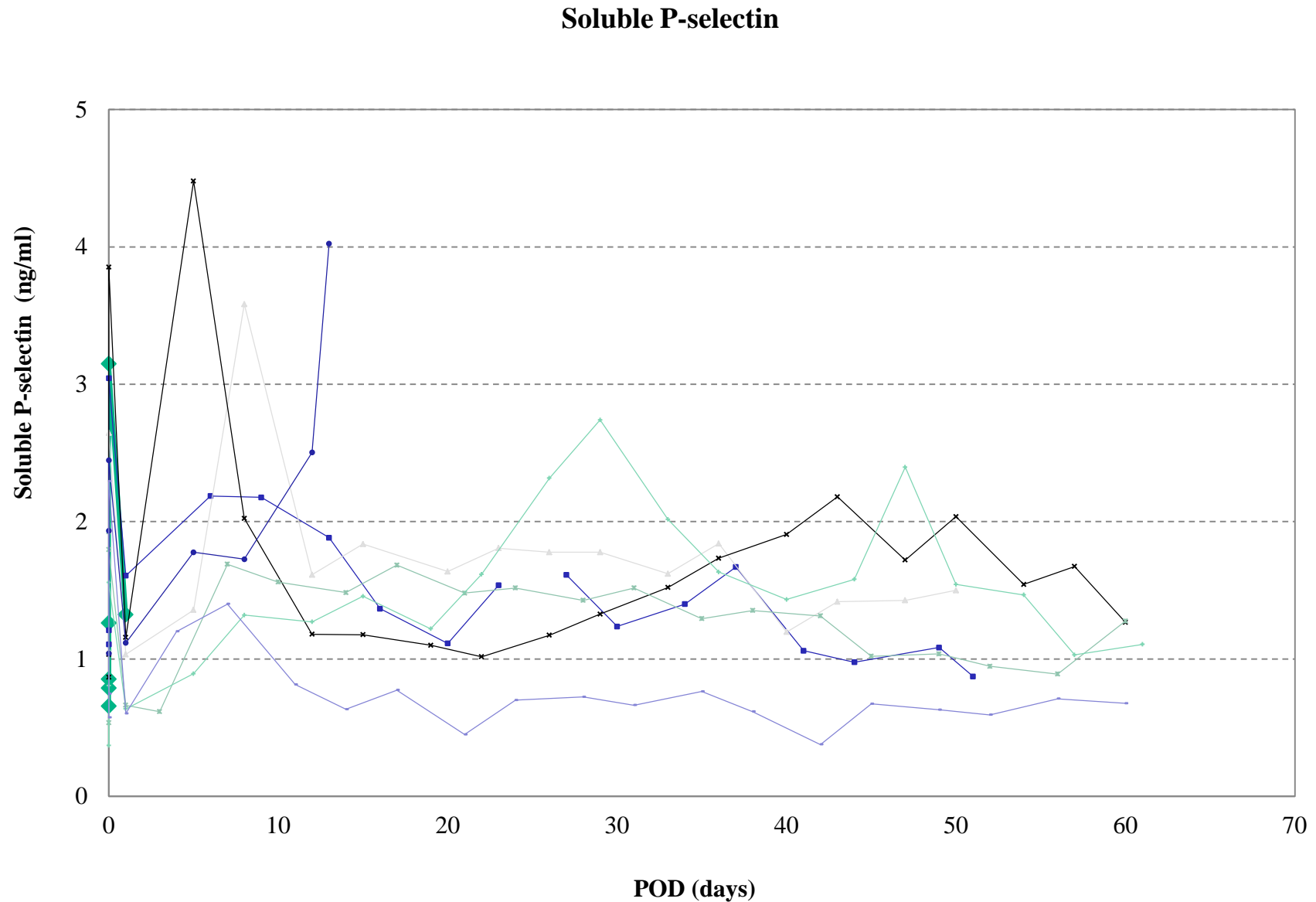
# Hemolysis

## LDH

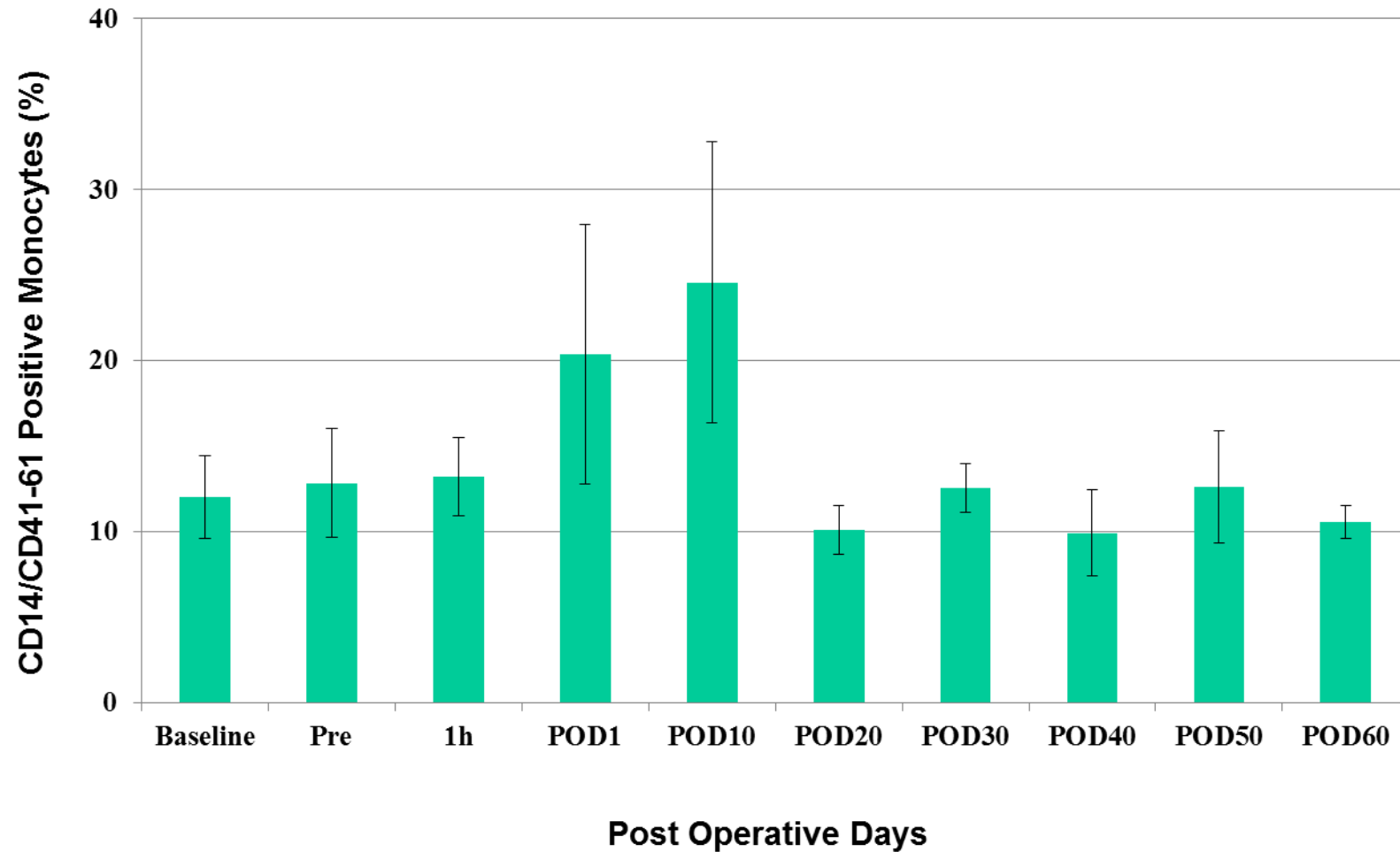




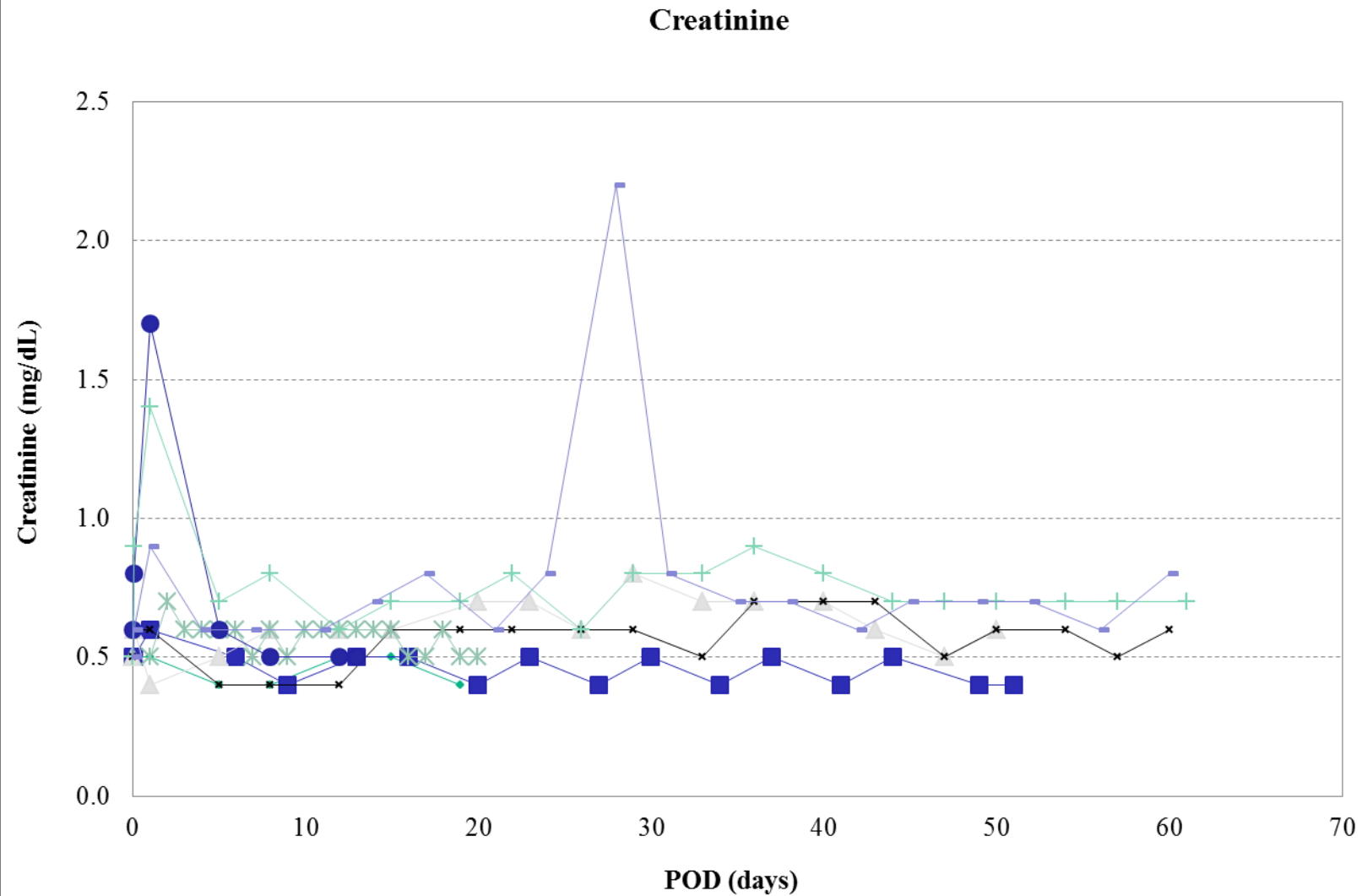
# Platelet Activation Markers



# Platelet/Monocyte Aggregates



# End-Organ Function Markers

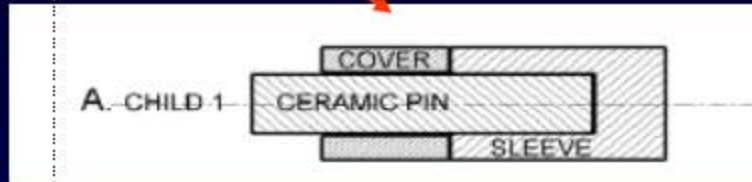
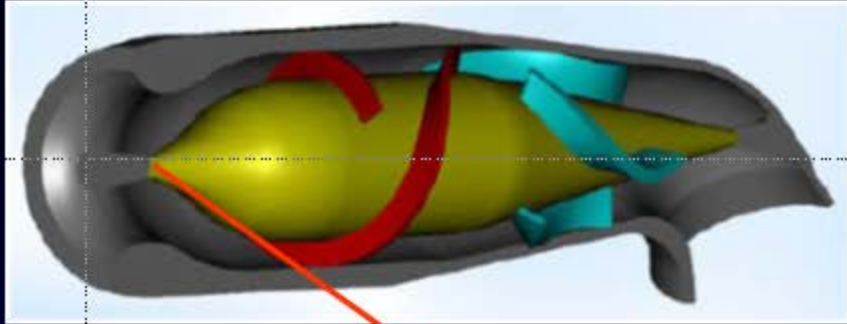


# Necropsy

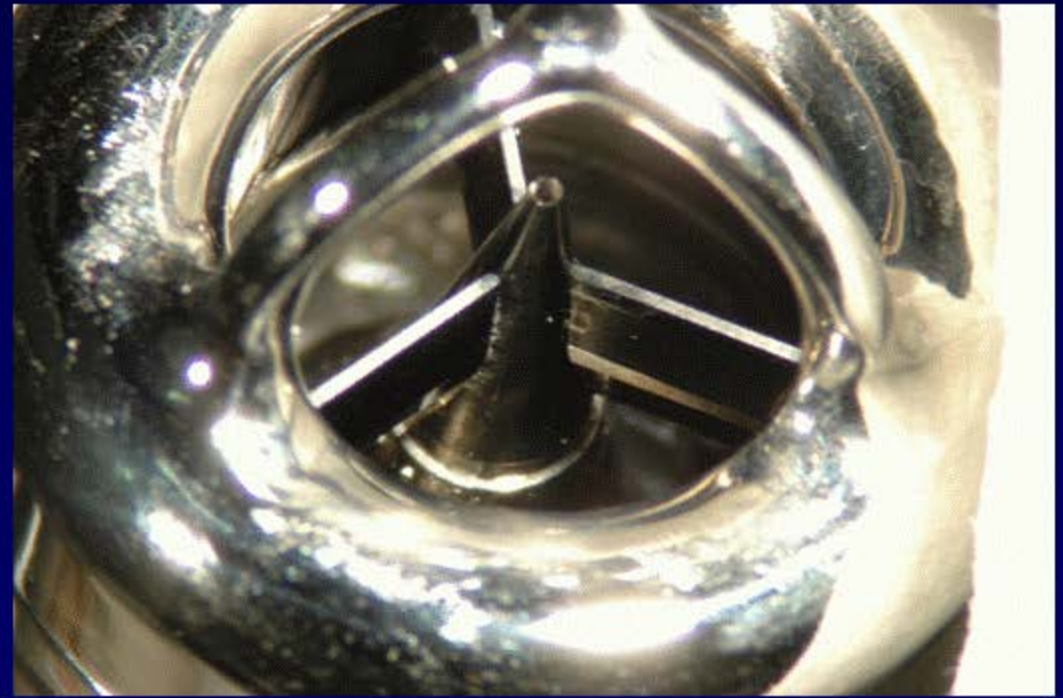
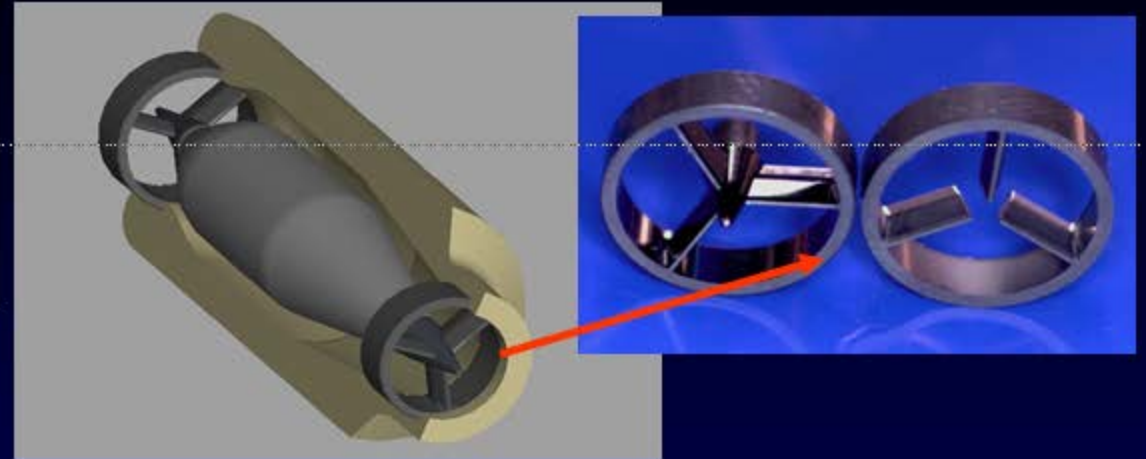




# Pump Thrombosis



# Explanted Pump after 60 Days



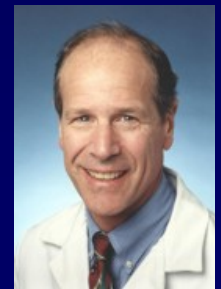
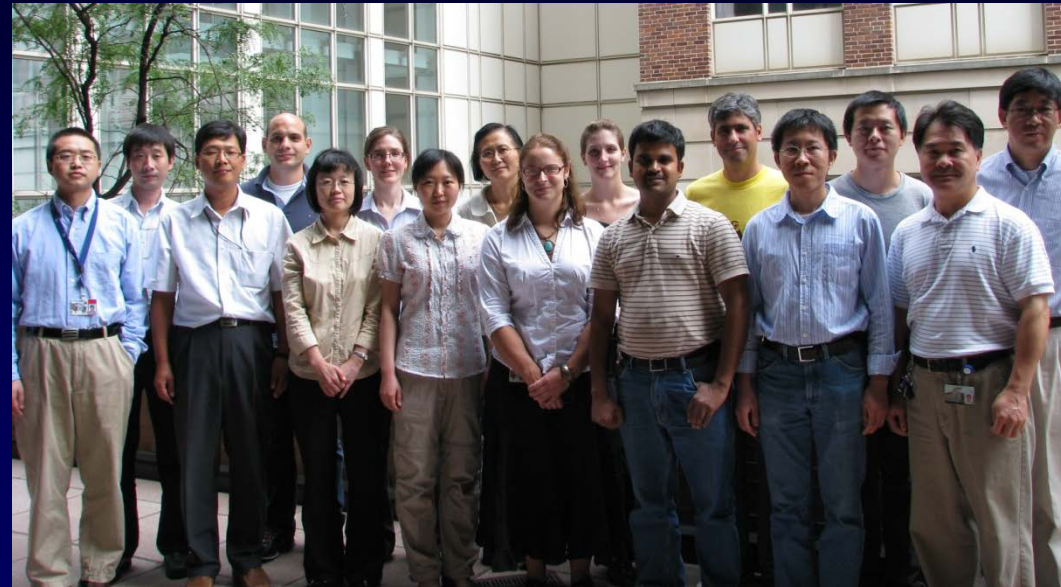
# Acknowledgement

## Funding

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- NIH/NHLBI R01 HL118372
- NIH/NHLBI HHSN268201000014C

## Artificial Organs Laboratory

- A multidisciplinary team of surgeons, biologists, and engineers
- Ongoing projects
  - Cardiac remodeling and novel therapies (VAD unloading, stem cells, molecular)
  - Artificial organs (pediatric VAD, artificial pump lung)
  - Medical device related blood damage



**Thank You!**